

VeganLife Live

18, 19, 20 October 2024 | Alexandra Palace, London

The wait is over...
journey into all things Vegan



Vegan Life Live is back at London's iconic Alexandra Palace on the 18, 19 & 20 October. This year, the event will be running across three exciting days, offering attendees an even more immersive experience. Tickets include **FREE** entry to the OM Yoga Show and Mind Body Soul Experience which will be taking place in neighbouring halls.

According to [Veganuary.com](https://veganuary.com), 1.8 million people supported Veganuary this year, making it a well-established part of British culture. With this in mind, Vegan Life Live is expected to be even bigger and better this year, providing the perfect opportunity to celebrate everything vegan.

Renowned vegan chefs will be taking to the stage and presenting over **35 cookery demonstrations**. Chefs will be showcasing a wide range of delicious dishes from quick family dinners to mouth watering desserts, attendees will be treated to a culinary journey like no other.

One of the highlights of this year's event will be the presence of **Henry Firth** and **Ian Theasby**, the founders of **BOSH**, the world's biggest vegan social media brand. These culinary geniuses, who are also the brains behind the best-selling vegan cookbook and stars of ITV's vegan cookery series, will be demonstrating some of their most tantalizing creations.

Over **30 lectures** will be taking place covering a wide range of topics. From Q&A sessions to educational talks on activism, animal welfare, nutrition, fitness, and much more. Visitors will have the opportunity to learn from experts and gain valuable insights into the vegan lifestyle.

Vegan Life Live tickets will also grant entry to two other renowned events [OM Yoga Show](#) and [Mind Body Soul Experience](#) which will be running side by side in the neighbouring halls. Attendees can enjoy triple the experience for the price of one ticket, priced at just £10!

Visitors can explore the wonderful world of plant-based living with over **150 exhibitors** showcasing everything vegan, from clothing and make-up to skincare and snacks. The perfect opportunity to find everything needed to lead a fulfilled vegan lifestyle.

And of course, no vegan event would be complete without a food court. Visitors can discover the diversity of what vegan food has to offer, with caterers serving up an array of culinary delights inspired from all over the world. Be sure to arrive hungry as there will be plenty to try!

Whether you are a long-time vegan or just curious about the lifestyle, Vegan Life Live is the ideal platform to learn, explore, and celebrate everything vegan.

For more information and to purchase tickets, please visit www.veganlifelive.com.

Vegan Life Live

18th, 19th & 20th October 2024

Alexandra Palace, London, N22 7AY

Opening Times

Friday 11am - 6pm | Saturday 10am - 6pm | Sunday 10am - 5pm

Admission Costs

One Day - £10

Two Day - £16

Three Day - £23

Children under 16 - Free

Tickets are available at veganlifelive.com

Further Information

For further information and images or to arrange an interview, please contact Victoria Willmott on 01787 224040 victoria@primeimpact.co.uk