

Alexandra Palace, London, N22 7AY - 14th & 15th March 2020

For Immediate Release

Everyone welcome to Vegan Life Live

Are you thinking about signing up to Veganuary for 2020 or want to cut down on your meat and dairy intake? Here at Vegan Life Live we're showcasing over 250 exhibitors, with meat alternatives, cruelty-free beauty products, clothing and accessories, protein shakes and supplements, plus many more. Vegan Life Live has so much to offer to new vegans, and we're sure to help you continue your plant-based journey.



As well as 250 exhibitors we also have two lecture areas with top presenters explaining about sustainability and their vegan and plant-based journey, and three kitchens with cookery demonstrations throughout the weekend turning your favourite meal plant-based. Some famous faces appearing at our event include:

Macka B talking and wrapping about his plant-based journey.

Niki Webster will be cooking from her debut book *Rebel Recipes: Maximum Flavour, Minimum Fuss* (book available for pre-order on Amazon). Niki will be sharing some of her favourite recipes inspired by her travels around the globe.

Juliette Bryant will be speaking to us about how to thrive on a plant-based diet, giving us tips and tricks to get the most nutrients from the food we eat.

The team behind Vegan Life magazine – the UK's premier vegan magazine – invites you to Alexandra Palace on 14th and 15th March 2020, to embrace plant-based living with this two-day event.

Vegan Life Live
14th & 15th March 2020
Alexandra Palace, London, N22 7AY

Opening Times
Saturday 10am – 6pm | Sunday 10am – 5pm

Admission Costs
Online: Adults £12 | Concessions £10
On the door: Adults £15 | Concessions £12
Two day tickets are also available

Free show guide
Register for your free show guide at www.veganlifelive.com

Further information
For further information and images or to arrange an interview, please contact Sian Lawson on
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