

Alexandra Palace, London, N22 7AY - 9th & 10th March 2019

For Immediate Release

Carry on your Veganuary journey with Vegan Life Live!

Vegan Life Live is welcoming everyone who signed up to Veganuary to the March Vegan Life Live event, where they will be running talks and cooking demonstrations throughout the weekend.



Veganuary grew by 183 per cent last year, with 168,542 people pledging to go vegan. However in 2019 Veganuary had a record breaking 250,000 sign ups. Vegan Life Live has so much to offer to new vegans, and is sure to help them to continue their plant-based journey.

We have some top names joining us throughout the weekend:

Keith Squires will share an innovative seven day plan using a slow cooker, to help you make simple but healthy vegan food.

Petra Van Gucht will explain how you can veganize your baking, as well as how to get healthy while reducing your carbon footprint.

The Vegan Society team will give their top tips and advice on going vegan, and will answer all your questions – veganism has never been easier!

The team behind Vegan Life magazine – the UK's premier vegan magazine – invite you to Alexandra Palace on 9th and 10th March, to embrace plant-based living with this two-day event.

Vegan Life Live

9th & 10th March

Alexandra Palace, London, N22 7AY

Opening Times

Saturday 10am – 6pm | Sunday 10am – 5pm

Admission Costs

Online: Adults £12 | Concessions £10

On the door: Adults £15 | Concessions £12

Two day tickets are also available

Free show guide

Register for your free show guide at www.veganlifelive.com

Further information

For further information and images or to arrange an interview, please contact Sian Lawson on 01787 224040 | sian@primeimpact.co.uk

VeganLife
Live

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